

The Helmsley Herald



St Mary the Virgin, Rievaulx



St Chad, Sproxton



All Saints, Helmsley



St Mary Magdalene, East Moors



**APRIL
2021**

50p



Dear friends,

Now is Christ risen...

The liturgical seasons are potentially rich in exploring themes: waiting and expectancy in Advent, joy at Christmas, and a deeper sense of understanding at Epiphany as the nature of God in Christ is revealed. During Lent we may discipline ourselves in some way and then at Easter the fulfilment of hope in Christ's resurrection. Ascension Pentecost and Trinity are yet to come.

The anxiety of the last few months have made it difficult to pay full attention to the liturgical seasons to the extent that we might have wished for.

Yet we celebrate Easter in early April and we are called to be an 'Easter people'. However battered and bruised we may be feeling by the pandemic, let us find in our hearts seeds of hope. Hope for our loved ones and ourselves, hope for a world more aligned to God's loving purposes.

As spring arrives may we comprehend the new life of Easter and rejoice.

Happy Easter!

Very best wishes,
Tim Robinson, Vicar



You make like to know that I am to be installed as Honory Canon of York Minster at 4pm on Sunday 25th April at evensong.

I am waiting to hear from the Precentor to find out how many people may come from the parish. The collation takes place in a private ceremony beforehand and the installation at the public service of evensong.

Flower Rota

4th April EASTER DAY	All to assist if possible please
11th & 18th April	Maureen Campbell Trotter
25th April & 2nd May	Mary Owen
9th & 16th May	Virginia Roper
23rd & 30th May	Sheila Gillham

SUNDAY 9.30am	READER / READING
4 April EASTER DAY	Jake Duncombe Acts 10.34-43
11 April Easter 2	Sheila Fisher Acts 4.32-35
18 April Easter 3	Rowan De Aragues Acts 3.12-19
25 April Easter 4	Jan Titchmarsh Acts 4.5-12

From the Registers

Funerals

11th March	Janet Frost, aged 74 years
25th March	Trevor Edward MacKay, aged 90

Worship is back in Helmsley Church :-

EVERY SUNDAY IN CHURCH:

8am Holy Communion (BCP said) in St Columba Chapel
9.30am Parish Eucharist (with music)

EVERY WEDNESDAY IN CHURCH:

9.30am Holy Communion (BCP said) in St Columba Chapel

**Helmsley Church is open for private prayer on
Wednesdays 10am – Noon.**

We will continue with social distancing, masks and hand sanitiser.

Congregational singing is not permitted as yet.

Other services will continue and the church will be open more often as the world opens up once more.

Gifts for the foodbank can be accepted on Wednesday and Sunday mornings.

Our smaller churches of East Moors, Sproxton and Rievaulx will reopen for worship as we emerge from the pandemic.

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WORSHIP ONLINE CONTINUES:

11am Sundays	Eucharistic Worship
10am Monday - Friday	Morning Prayer
9pm Tuesdays	Compline

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EXTRA SERVICES DURING HOLY WEEK:

Maundy Thursday 1st April IN CHURCH and ONLINE
7pm Commemoration of the Last Supper

Good Friday 2nd April IN CHURCH and ONLINE
1.30pm Stations of the Cross and the last hour



ENVELOPE SCHEME FOR REGULAR GIVING

In the past, the Church has run a scheme for regular giving by providing a packet of weekly dated envelopes for donations.

The number of Parishioners using this scheme has decreased as other regular giving options became available, including standing orders or BACS transfers. Last year, the Parish Giving Scheme was introduced to offer more options for giving.

At one time, using the envelope scheme meant gift aid could be claimed on donations which would not qualify on the collection plate. However, a change to the gift aid rules means that usually the PCC can claim tax back for collection donations less than £30.

We do have spare sets of envelopes from previous years which can be used for 2021. You will appreciate this is more environmentally friendly than ordering new envelopes, especially when many are likely to be unused. Further, as day to day expenses continue to exceed income, it makes a small saving.

If you would like to have a set of envelopes, please contact the Treasurer.

Likewise, if you wish to discuss setting up a standing order, joining the Parish Giving Scheme or gift aid, please get in touch. All discussions about donations are treated as a confidential matter between the donor and the Treasurer.

Thank you for your continued support.

Treasurer: Elisa O'Loughlin eol.helmsleypcc@gmail.com



Giving

You can now give via a contactless machine which you can find at the back of Helmsley Church before and after services.



All money goes in to our Helmsley PCC account. Receipts can be printed at the time of giving.

Can it be Easter Already?



Can it be Easter already?
Can that be really so?
The carols and the Christmas tree
Don't seem that long ago!

Can it be Easter already?
Do April showers splash?
The weeks gone by since Christmas day
Have gone in just a flash!

Can it be Easter already?
The time of Lent has passed
The forty days and forty nights
Went by so very fast.

If it is Easter already,
That time has sped away.
Perhaps it's time to ponder, pause
And savour every day!

By Nigel Beeton



Nice

The nice thing about becoming forgetful is that you can hide your own Easter eggs.

In order to keep a true perspective of one's importance, everyone should have a dog to worship them and a cat to ignore them.



I ate a kid's meal at McDonald's today. His mum got really angry.



Notices found in church newsletters – that didn't quite come out right!

- * This being Easter Sunday, we will ask Mrs Brown, our church warden, to come forward and lay an egg on the altar.
- * Ladies are requested not to have children in the church kitchen.
- * For those who have children and don't know it, we have a crèche in the crypt.
- * Bring and share church supper: Prayer and medication will follow.
- * The organist invites anyone who enjoys sinning to volunteer for the choir.
- * Remember in prayer the many who are sick both of our church and the community.



SPRING

Spring has arrived with armfuls of blossom,
Petals of every colour and hue,
Rain and sun caressing the earth
Inspiring spring bulbs to come into view
Now is the time of new beginnings
Giving us pleasure all season through.

by Megan Carter



It was:

500 years ago, on 27th April 1521 that Ferdinand Magellan, Portuguese explorer who led the first expedition to circumnavigate the earth, died at the hands of natives in the Philippines. He was aged 41.

300 years ago, on 3rd April 1721 that Robert Walpole became the first British Prime Minister.

125 years ago, from 6th to 15th April 1896 that the first modern Summer Olympic Games were held in Athens. The original Olympics were banned by the Roman Emperor Theodosius (I or II) in either 393 or 426 AD.

90 years ago, on 14th April 1931 that the first edition of the Highway Code was published in the UK.

70 years ago, on 17th April 1951 that the Peak District National Park was established. It was Britain's first national park.

40 years ago, on 11th April 1981 that the Brixton riot took place in London. 5,000 youths rampaged through the streets, attacking police officers and damaging buildings, looting shops and setting cars alight.

10 years ago, on 29th April 2011 that the wedding of Prince William and Catherine (Kate) Middleton took place at Westminster Abbey in London. They were given the titles the Duke and Duchess of Cambridge.

The world itself keeps Easter Day - J M Neale

by J M Neale

The world itself keeps Easter Day,
And Easter larks are singing;
And Easter flowers are blooming gay,
And Easter buds are springing.
Alleluia! Alleluia!
The Lord of all things lives anew,
And all His works are rising too.

There stood three Maries by the tomb,
On Easter morning early;
When day had scarcely chased the gloom,
And dew was white and pearly.
Alleluia! Alleluia!
With loving, but with erring mind
They came the Prince of Life to find.

The world itself keeps Easter day,
Saint Joseph's star is beaming;
Saint Alice has her primrose gay,
Saint George's bells are gleaming.
Alleluia! Alleluia!
The Lord hath risen, as all things tell;
Good Christians, see ye rise as well.



chosen by Mary Stewart

Archbishops in the Spectator :- Church in changing times

The Archbishops of Canterbury and York have recently written an article for the Spectator magazine, responding to the recent media coverage asking: 'Where is the C of E?'

The Archbishops say: "Let us offer an answer. ... the Church of England has been a bedrock of faith, love, hope and compassion in this country for centuries through wars, plagues and pandemics — we still are, and we will go on being just that.

You can imagine our shock, then, when we read in the media about what is supposedly happening... That the parish system, with its beautiful vision of serving every inch of the country and every person in it, is being systematically dismantled. That clergy are being made redundant. That there are plans to somehow centralise everything and for services, even beyond Covid, to be online rather than in person.

So let us try to set the record straight. There are no plans to dismantle the parish network. We are committed to our calling to be a Christian presence in every community.

Yes, there are hard decisions currently being made across many dioceses. Overall some stipendiary posts will be lost. But the aim is to make each parish and each Christian community sustainable. If that doesn't happen, there really will be no Church of England.

There are rascally voices around who want to undermine the church — it was ever thus. But the real story is that we so believe in that vision of serving every inch of the country, and every person in it, that we are having to expand what it is to be the church."

True story

Several years ago, a notice appeared on the vestry noticeboard of a church in Hampshire, after a Holy Week performance of Stainer's 'Crucifixion'.

The choirmaster wrote "The Crucifixion – well done, everyone!" Later that day, someone had added, 'The Resurrection – well done, God!'

One of our congregation, Chris Rose, writes plainly and movingly of a recent experience...

The post-Covid amateur dramatics I experienced following my Covid jab are easily the worst experience of my life. Every day opened with a new set, the evenings filled with men dying in the most tragic circumstances and not a priest in sight.

Most amateur dramatics are one night, but not mine. It got worse and there was no escape.

I felt shivery following my vaccination on Thursday February 11th, which became intense by the Monday. Next, I became very dehydrated, eventually being sick. The next day was worse, as bodily functions seemed to pack in. By the following day, I had become very weak. I was eventually admitted to hospital February 26th.

I have used the term amateur dramatics, because that best describes it. Curtains going up and down and nurses and doctors making their entrances and exits, but you wake to a new set every morning. You have a ringside seat of men dying. And God nowhere evident, except in our prayers, which can be of the most intense variety.

Unlike most theatre, you cannot just disengage from this. You must endure. Our minds become distorted by drugs and our loved ones become monsters of absurd depravity.

There is a secrecy among the inmates, each one desperate to return home. Essentially, they have to prove whether or not they are viable. This feels dangerously close to euthanasia.

Thank you for all the prayers. I know they healed me.



Mothering Sunday Flowers

During our Mothering Sunday service we handed out flowers to the Ladies. In these arrangements there was an envelope containing Sunflower Seeds. We hope that over the next few months you will send your picture to us to share in the Helmsley Herald.



Please send to

rdhelmsley@btinternet.com

We look forward to seeing
this beautiful sight

'How we got through Lockdown' Exhibition

Over the last week we have been hearing a lot on the news, reading in the papers, or seeing posts on social media on how it has been a year since the first lockdown.

Lockdown has been something of a challenge in many ways for most, if not all of us. We would like to focus on some of the positive outcomes of this.

How have you coped during this time? Have you;
Started a new hobby, gone back to an old hobby, created a masterpiece, read a book and have a review, got creative with paints, wool, wood, paper, have you created a garden Charlie Dimmock would be proud off, decorated your home? Good or bad projects - we would love to see what you have done.
Have you made a difference in the community?

We hope at some point in the coming year to be able to hold an exhibition in All Saints, Helmsley to showcase all these things. **Please do think about how you can be involved.**

In the next Helmsley Herald, we will update with progress on this.
Should you wish to make contact before then, please email Churchwarden Annika Dowson on annikadowson20@yahoo.com

Nathaniel's Recipe for April

A traditional meal – Cottage Pie

Ingredients

Oil
Chopped Onion
Chopped Carrot
Peas
Beef Mince (alternative Quorn)
Tomato Puree
Worcester Sauce
Beef Stock
Salt and Pepper

For mash

Potatoes
Butter or Marg
Salt

Method

Finely chop the onion, carrot and garlic.

Heat the oil in a large saucepan, add the above and cook for 5 mins.

Add mince, break it up so its fine.

When the mince is browned, add the tomato puree, Worcester sauce,
and peas – stir to mix in.

Add the stock and bring to the boil, reduce the heat and cover, simmer-
ing for /mins.

While the meat is cooking, prepare the potatoes, cook in slighted salted
water, bring to the boil until tender, when they are cooked, drain well,
and then mash with butter until nice and creamy, add salt.

Preheat oven at 200 degrees/ gas mark 5 .

Put the mince into a large pie dish, then put the mash on top, this can be spooned on or piped.

Bake for 20/25mins or until golden brown.

We chose to leave Grated Cheese off our Pie, but it can be nice to be added for flavour.



RYEDALE CHRISTIAN COUNCIL

THE CLIMATE CHANGE CRISIS

What on earth can we do?

SATURDAY 24th APRIL 2021

9.15am - 4.15pm

A Free Zoom Event

Bishop James Jones

Climate of Hope

Prof. Jon Lovett

The Green New Deal

Prof. Nick Cownen

A Hostile Earth

Mr Neil Fuller

**Farming's Answer
to Climate Change**

**Go To www.rccconf.org
to book a place & choose your
Workshops**

**Energy Efficiency. Looking after God's Planet. Food.
Ethical Investing. Direct and Indirect Action.
Extinction Rebellion. Christian Aid. Friends of the
Earth. COP 26.**

Chelsea Flower Show moves to the autumn

For the first time ever in its 108-year history, Chelsea Flower Show will not be held in the Spring, but in the Autumn.

The 2021 Chelsea Flower Show will now take place from 21st to 26th September. The Royal Horticultural Society, the show organisers, will still hold it at the Royal Hospital in Chelsea.

The hope is that by September, millions more people will be vaccinated, so that mass outdoor events will be able to happen safely. 140,000 people are predicted to attend this year's Chelsea, over the six days.

Sue Biggs, RHS director general, says: "We believe many designers and nurseries will look forward to working with different plants that would not be available or at their best in May. We will do our utmost to deliver a beautiful, uplifting and different RHS Chelsea safely in September 2021."



...rumours that we would be giving out easter eggs are unfounded - er, there aren't any left!

Thy Kingdom Come global prayer movement's plans for 2021

Thy Kingdom Come, the ecumenical prayer movement for evangelisation, uniting Christians in nearly 90% of countries worldwide from the Ascension to Pentecost, will be run differently this year, from the 13th-23rd May.

Thy Kingdom Come - which is led by the Archbishops of Canterbury and York, and has attracted the support of His Holiness Pope Francis in recent years - will offer a selection of new resources and ways in which worshipping communities can participate - despite ongoing COVID-19 restrictions.

New resources for 2021 will include an 11-part family-friendly animation series; video reflections from influential Christian voices such as Bear Grylls, Bishop of Dover Rose Hudson-Wilkin and Archbishop Angaelos, and this year's Prayer Journal, penned by the Archbishop of York, Stephen Cottrell.

A special video message from Archbishop Justin Welby, who will be on study leave during this year's 11-day prayer period, will also be shown.

While prayer for evangelisation remains at the heart of Thy Kingdom Come, this year the resources are designed to encourage worshipping communities, families and individuals who may have struggled with the idea of Church at Home.

For families, there is an 11-part children's video series called Cheeky Pandas – packed with Bible stories, prayers, animation, worship songs and interviews with special guests including Adventurer, Bear Grylls, CBeebies Presenter Gemma Hunt, Revd Nicky Gumbel (HTB and Alpha) and Pastor Agu and Shola (Jesus House) to name a few. The video series (which will be available from early April onwards) can be used as part of church at home, gathered church (online and offline) and in school assemblies. Similar to last year, the series will be the main content in the Family Prayer Adventure Map and App.

For Youth, Thy Kingdom Come are working with the Archbishop of York's Youth Trust to produce a selection of youth resources including a series of video reflections from young influential Christians such as the current Methodist Youth President - Phoebe Parkin, rapper and author - Guvna B, Worship Leader- Elle Limebear, Spoken Word Artist - Joshua Luke Smith and many more.

Other new resources include the Prayer Journal, written by the Archbishop of York, - aimed at inspiring readers to re-encounter the love and joy found in Jesus Christ and this year's Novena.

The award-winning Thy Kingdom Come app, available in nine languages, will for the first time, include audio content from 24-7 Prayer's Lectio 365 with audio reflections from Pete Greig, Archbishop Justin and 24-7 Prayer GB UK Director, Carla Harding.

This year Thy Kingdom Come is also giving away 100,000 copies of the Prayer Journal and Family Prayer Adventure Map to UK churches, as long as P&P is covered.

Emma Buchan, Thy Kingdom Come Project Director, said: "We really want TKC to inspire people in their relationships with Christ, and to resource children and young people in fun, spiritually nourishing ways.

"We hope and pray Pentecost is a time of great joy after what has been such a challenging season."

Now in its sixth year, Thy Kingdom Come has grown from an initial call to prayer from the Archbishops of Canterbury and York to the Anglican Communion, to a worldwide ecumenical prayer movement.



This past year may have altered your perspective on life. Some of the following statements may be worth thinking about....

- ◆ Life is precarious
- ◆ A nurse is worth more than a professional footballer
- ◆ Spare time isn't a waste of time
- ◆ A smile is precious
- ◆ Being alone isn't the same as loneliness
- ◆ Hard work doesn't guarantee employment
- ◆ I'm spending more on food & drink and less on church & charity
- ◆ Silence opens us to creative ideas
- ◆ Social media are a mixed blessing
- ◆ Shopping needn't be addictive
- ◆ Driving less and walking more is good for humanity
- ◆ Isolation teaches us we need each other to generate energy
- ◆ Getting back to 'normal' isn't God's plan for the human race
- ◆ When everything else is shut, God is open



Smile Lines



Dear Lord, please keep your arm around
my shoulder — and your hand over my mouth.

Expensive boat

A vicar was planning an Easter pilgrimage to the Holy Land, and was aghast when she found it would cost her £50 an hour to rent a boat on the Sea of Galilee. She protested to the travel agent that the cost was ridiculous. 'That might be true,' replied the travel agent, 'but you have to take into account that the Sea of Galilee is water on which our Lord himself walked.' 'Well, at £50 an hour for a boat,' she replied, 'I am not surprised!'



Red light

A woman was found guilty in traffic court and when asked for her occupation she said she was a schoolteacher.

The judge rose from the bench. 'Madam, I have waited years for a schoolteacher to appear before this court.'



He then smiled with delight.
'Now sit down at that table
and write "I will not run a red
light" one hundred times.'

Chocolate – food of the gods!

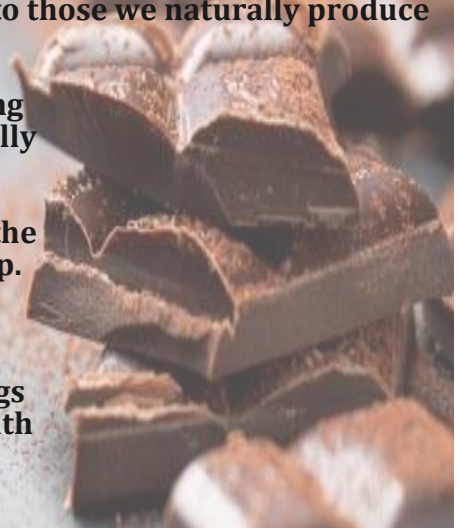
The botanical name for the cocoa bean is Theobroma – which means ‘food of the gods.’ Millions of us obviously agree – half a million tons of it are consumed in Britain each year alone.

Chocolate makes us feel better. The chemicals it contains trigger the release of endorphins similar to those we naturally produce when we fall in love.

But nutritionists warn against using chocolate as a pick-me-up, especially in the evening. Chocolate eaten before bedtime can cause blood glucose levels to plummet during the night, which will disrupt your sleep. Chocolate eaten in quantity every day can lead to mood and energy swings, weight gain and poor immunity. If you have mad cravings for it, you could have a problem with blood sugar, or a deficiency in magnesium, copper, zinc or iron.

But occasional consumption of cocoa can provide medical benefits. Chocolate containing 60 per cent or more cocoa solids is rich in essential trace elements and nutrients such as iron, calcium and potassium, and many vitamins. Cocoa is also the highest natural source of magnesium.

Good as all this may be – most of us enjoy chocolate simply because of its high sugar and caffeine content. Chocolate simply gives you an instant sugar hit, providing a sudden burst in energy, unfortunately followed by a slump and the desire for another sugar-fix.



Gift Aid

As many of you will be aware, Gift Aid is a Government scheme which allows charities to reclaim tax on donations from UK tax payers. This increases eligible donations the Church receives by 25%. Over the year, these Gift Aided donations add up and really do make a big difference to the Church.

If you are a UK tax payer who is considering donating to the Church this year, please include a Gift Aid declaration. A copy of our Gift Aid Form is included here, in case this is useful:

Helmsley Parish

GIFT AID DECLARATION

Full name.....

Address.....

.....

Postcode.....

I want Helmsley Parish Churches to treat all donations that I make from the date of this declaration until I declare otherwise as Gift Aid donations.

I confirm that I am a UK taxpayer and have or will pay income tax and/or capital gains tax for each tax year that is at least equal to the tax that will be reclaimed on all my donations to charities and community amateur sports clubs (CASCs).

I understand that other taxes such as VAT and Council Tax do not qualify.

I understand that charities will claim 25p for every £1 that I donate. I understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

Signed..... Date.....

We need to hold this data to process your gift. Your data will be updated / added to our database and may be used for the purposes outlined in our privacy notice, which can be found on our website.



NEW AND OLD ADVERTISERS NOW WELCOME

Please contact Tania Haldenby (Parish Administrator) at rdhelmsley@btinternet.com

(I will be contacting all previous advertisers over the next few weeks about re-commencing adverts also)

Helmsley Parish

Services :-

Every Sunday in Helmsley Church :

8am Holy Communion (BCP said)

9.30am Parish Eucharist (with music)

Every Wednesday in Helmsley Church :

9.30am Holy Communion (BCP said)

**Helmsley Church is open for Private Prayer on
Wednesdays 10am – Noon.**

Services online continue :

Sundays

11.00am Eucharistic Worship

Monday – Friday

10.00am Morning Prayer

Tuesdays

9.00pm Compline

**See inside pages for details of extra services during
Holy Week (online and in Church)**

